

Health and Wellbeing Board

25 January 2024

Present: Councillor K Clark (Chair)

Councillor P Earley

Councillor J O'Shea

Councillor P Oliver

Councillor J Shaw

E Binks - Director of Adult Services

J Firth - Director of Childrens Services

P Garner - Newcastle Hospitals NHS

Foundation Trust

P Jones - Healthwatch North Tyneside

C Mann - Cumbria, Northumberland, Tyne &
Wear NHS Trust

D McNally - Age UK North Tyneside

P Mennell - North Tyneside Council

C Nevison - Healthwatch North Tyneside

A Paradis - North East and North Cumbria
Integrated Care Board

K Richardson - Wallsend Primary Care
Network

J Sparkes - North Tyneside Council

S Thomas - Tyne & Wear Fire and Rescue
Service

D Titterton - North Tyneside YMCA

In attendance: R Nicholson - North Tyneside Council

D Jackson - North East and North
Cumbria ICB

J Owens - Consultant Psychiatrist

L Cook - North Tyneside Council

J Pickthall - North Tyneside Council

HW24/23 Chair's Announcements

The Chair informed the Board of the future meeting arrangements which included how the room would be set out for members of the Board, those attending to present and observers/members of the public.

HW25/23 Apologies for Absence

Apologies for absence were received from Wendy Burke, Director of Public Health and Jackie Laughton, Assistant Chief Executive

HW26/23 Appointment of Substitute Members

Pursuant to the Council's constitution the appointment of the following substitute members was reported:-

Rachel Nicholson for Wendy Burke (North Tyneside Council)

HW27/23 Declarations of Interest and Dispensations

Councillor Karen Clark (Chair) declared a registerable interest as a director and employee of Justice Prince CIC which works in partnership with North Tyneside Council to deliver Working Roots programme

Councillor Jane Shaw declared a non-registerable personal interest as Governor of CNTW Trust.

Councillor Pat Oliver declared a non-registerable personal interest as a family member receives adult social care.

HW28/23 Minutes

Resolved that the minutes of the previous meeting held on 30 November 2023 be confirmed and signed by the Chair.

HW29/23 Constitution and Terms of Reference

A report was received outlining the current constitution and terms of reference of the Board.

The Chair reminded members that currently, the only members of the Board with voting rights are those who are elected members of the Council. A review of the Council constitution is currently taking place and views regarding the terms of reference and voting rights of the Board can be considered as part of the review to be considered by full Council in May 2024.

RESOLVED – That any suggested changes to the constitutional arrangements and terms of reference of the Board be provided ahead of the formal review of the constitution

HW30/23 Equally Well Progress update – Maximising the Capabilities of Children, Young People and Adults

The Board received a report and presentation that provided a progress update in respect of Maximising the Capabilities of Children, Young People and Adults theme of the Joint Health and Wellbeing Strategy, “Equally Well: A healthier, fairer future for North Tyneside 2021 – 2025”

As detailed within ‘Equally Well’ educational achievement plays a significant role in reducing health inequalities by shaping life opportunities. The aim is to work collaboratively to make North Tyneside an even greater place for children and young people to thrive where all can access better education with a culture of inclusion and achievement being a key priority.

The presentation highlighted the aims of the mental and emotional wellbeing strategy to: develop resilient children, young people and families; ensure easy access for children, young people and families to get the right mental health support at an early stage from universal services; and improve access to specialist mental health services for those children and young people who are at high risk of poor mental health.

Working with Barnado’s, a systems change model has been developed to improve children and young people’s mental health and wellbeing.

The presentation also covered themes of changing culture, the work of CAMHS, Early Help Emotional Wellbeing Team, Connect Mental Health Support Team, HIVE Complex Trauma Service, VODA Mental Health Alliance, Neurodiversity Transformation Team and outlined challenges and opportunities for services and the impact upon children, young people and adults.

The Board were informed of the significant difficulties around access to mental health services which included long waiting lists accompanied by an increase in referrals. The national picture identifies an increase in complexities and risk but it should be noted that any persons that are considered a risk are triaged. As part of the measures to tackle the increase in referrals and waiting times there has been promotion of the access to Connect, which is a multi disciplinary team approach will be able to successfully deliver the best possible service and meet the service user's needs, rather than referring directly to CAMHS, and take up is increasing.

The EHCPs for children and young people 16-25 were noted but it was queried if it would be possible for the Board to look at the support/services available for those once they reach the age of 25+. It was explained that transition points are currently being looked at via respective partnerships which could be picked up at a later date or could be included within the next themed update.

- Resolved -
- i) That the Board be assured that the North Tyneside Children and Young People Partnership is making progress in delivering the actions for Maximising the Capabilities of Children, Young People and Adults to reduce health inequalities
 - ii) That the Board note the approach and progress being made to support Children and Young People's Mental Health and Emotional Wellbeing
 - iii) That the comments of the Board be noted
 - iv) That the North Tyneside Children and Young People Partnership submit further progress reports to the Board in relation to its implementation plan for next year, the delivery of those actions and their outcomes.

HW31/23 Equally Well Progress Update: Fair Employment and Good Work for All

The Board received a report and presentation that provided a progress update on the creating fair employment and good work for all theme of the Joint Health and Wellbeing Strategy “Equally Well: A healthier, fairer future for North Tyneside 2021–2025”.

The Board noted that there is a two way relationship between work and health: good work is both a result and driver of good health, impacting on the lives of residents and their communities. It was highlighted that there are specific barriers that some of North Tyneside’s economically inactive residents face in engaging with the labour market and these residents require targeted support to move closer to and access work. This can include, but is not limited to, residents with physical and mental health conditions, caring responsibilities, or transport cost.

There is clear evidence that poor health is linked to unemployment and poor quality work. North Tyneside’s approach to ‘creating fair employment and good work for all’ is linked to the regeneration of the borough, expanding the support available and encouraging developers and local employers to offer training and job opportunities.

The report and presentation provided updates on progress against the implementation plan for 2023/24 which included:

- Data and insight analysis to understand the employment and skills need of different residents and communities and identify and address any gaps in support
- Understanding and addressing reasons for economic inactivity due to physical health and mental health conditions and developing a plan to address these barriers to employment, eg, through the Working Well Hub
- Addressing recruitment and retention challenges in key sectors eg early years and the health and social care sector through the Care Academy
- Monitor progress and understand issues around supporting over 50s back to work through the Dedicated Work Coaches ins DWP, including the upskilling of people to work in the digital environment

- Delivery and monitoring of employability projects targeting support at disadvantaged groups
- Co-ordinate the approach to promoting available apprenticeships across the system to disadvantaged groups and 'get into' courses and careers and recruitment events
- Economic strategy to work with businesses involved | major developments to deliver corporate social responsibility commitments to increase the number of job opportunities, including apprenticeships, available to residents
- Ensure North Tyneside organisations and businesses benefit from involvement with the Better Health at Work and Good Work Pledge initiatives

It was commented that in respect of the work which has taken place, and which continues within North Tyneside, it is hoped that this is not lost once the North East Mayoral Combined Authority is established. Whilst currently it is not known how the work will emerge once the combined authority is established, it is anticipated that the work which has taken place can be built upon with a range of extended partners.

The Board commented that the statistics within the report for the number of economically inactive people are stark and stressed the importance of discussing collaborative work to address this.

It was recognised that there may be opportunities within North Tyneside through early learning to look at how we can integrate from leaving school through to employment and employers recognising that they may now be dealing a different workforce.

- RESOLVED –**
- i) That Board is assured that the respective partnerships are making progress in delivering the actions for creating fair employment and good work for all.
 - ii) That the comments of the Board be noted.
 - iii) That respective partnerships submit further progress reports to the Board in relation to its implementation plan for next year, the delivery of those actions and their outcomes

HW32/23 Integration of Health and Social Care North Tyneside Winter Plan 2023-24

The Board was informed that the North Tyneside and Northumberland System Resilience Group (SRG) is multi-organisational and undertakes the operational leadership of local 'place' based services and delivery. It brings together key stakeholders from across North Tyneside and Northumberland health and social care economy to shape operational resilience and place based service delivery.

The focus of the SRG ensures there is a coordinated approach to resilience. It focuses on addressing the Integrated Care Board priorities and implementing the 10 High Impact Interventions and how it works as a system to ensure resilience in service provision over the winter period. The work of the SRG feeds in to the North Strategic A&E Delivery Board.

The Board received a presentation which covered in detail the plans and processes in place for winter and surge plans 2023/24.

The Board recognised that whilst the focus of the presentation was the winter period the pressures are all year round.

RESOLVED – That the details of the presentation be noted.

HW33/23 Healthwatch North Tyneside

It was agreed that this item be deferred until the next meeting of the Board.